



Video Analysis Report

BJJ Video Analysis · September 10, 2026 · Duration 4:09

Match Summary

Independent review verified a guard pass by Blue gi / black belt at 2:12. The referee raised White gi / black belt as the official winner. No tap or submission finish was verified in the final exchange.

Outcome

Winner: White gi / black belt

official result — points (focused final-window consensus)

Decisive moment: Referee raised White gi / black belt as winner per final-window consensus at 249.07s; official read records the match as points victory for White (official score A 10–0).

Match Statistics

Metric	White gi / black belt	Blue gi / black belt
Observed IBJJF-style points	0	3
Submission attempts	4	0
Sweeps (landed / attempts)	0 / 0	0 / 0
Guard passes (landed / attempts)	0 / 0	1 / 1

Observed events only — not an official score. Advantages and penalties are not guessed.

Head to Head

● White gi / black belt ● Blue gi / black belt

IBJJF points	0 : 3
Submission attempts	4 : 0
Guard passes landed	0 : 1

Scoring evidence ledger

Time	By	Event	Points
2:12	Blue gi / black belt	pass success (guard pass)	+3

Position observations (athlete on top)

Position	A on top	B on top
side-control	0	1

Submission attempts

Time	By	Technique	Result
0:44	A	guillotine	defended
2:20	A	omoplata	escaped
2:45	A	triangle	defended
2:55	A	armbar	escaped

Coaching Breakdown

White gi / black belt

WHAT WENT WELL

- Good chaining and timing: switched from triangle to armbar quickly (165–175s window) to exploit openings in Blue's posture and frames.

AREAS TO IMPROVE

- Finish mechanics: several high-quality submission attempts were defended (guillotine 44s, omoplata 140s, triangle 165s, armbar 175s) — work on tighter grips, angle, and isolation to convert attempts to finishes.

RECOMMENDED DRILLS

- Submission chaining to finish: drill triangle → armbar transition under progressive resistance, focusing on hip angle, deep underhook of the arm and shoulder pressure to cut posture (5–8 reps each side).

Blue gi / black belt

WHAT WENT WELL

- Defended early choking attempts (guillotine defense around 44–65s) and stayed composed under neck attacks.

AREAS TO IMPROVE

- Passing without allowing submission traps: while passing succeeded at 132s, passing sequences earlier exposed the arms/head to omoplata/triangle setups — refine posture and hand placement during pass.

Key Moments Timeline

Time	Moment	Tags
0:40	Blue gi shoots, White gi sprawls.	
0:44	Player A attacks guillotine (defended)	submission, defended
1:05	Blue gi defends the guillotine.	
2:12	Player B completes guard-pass	guard-pass, completed
2:20	Player A attacks omoplata (escaped)	submission, escaped
2:45	Player A attacks triangle (defended)	submission, defended
2:55	White gi switches to an armbar attempt.	

Time	Moment	Tags
4:09	The match concludes, and the referee raises White gi / black belt's hand as the official winner (White gi / black belt 10–0).	official-result

Scene Breakdown

Time	Description
0:38	The match begins with both athletes standing and engaging in grip fighting.
2:20	White gi / black belt opens guard and attacks with an omoplata on the right arm.
2:25	Blue gi / black belt rolls forward to defend the omoplata, initiating a scramble.
2:55	White gi / black belt transitions from the triangle attempt to an armbar on the left arm.
4:09	The match concludes, and the referee raises White gi / black belt's hand as the official winner (White gi / black belt 10–0).

Techniques & Topics Detected

Guard pulling · Guillotine defense · Mount escapes

Coach Notes

can you extract another report by adding the Match title as title on the performance report